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Case Report

A rare case of pregnancy with Sturge-Weber syndrome

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ABSTRACT

Sturge-Weber syndrome is a rare sporadic neurocutaneous syndrome characterized by facial angiomas, ocular abnormalities (glaucoma and choroidal hemangioma), and leptomeningeal angioma. We report a case of Sturge Weber syndrome type I, associated with seizures, with gestational diabetes. She had successful labour outcome. Very few such cases have been reported in literature. The effect of pregnancy on neurological symptoms of Sturge Weber syndrome is not known.

Keywords: Sturge-Weber syndrome, Angioma, Glaucoma, Leptomeningeal angioma, Calcifications, Facial haemangioma

INTRODUCTION

Sturge Weber syndrome is a rare entity with incidence of 1 in every 50000. It is also called as encephalo trigeminal angiomtosis as the angiomatosis typically involve the distribution of leptomeninges and supply area of 1st and 2nd division of trigeminal nerve. Most commonly it involves the area supplied by 1st division of trigeminal nerve. ¹ The facial port wine stain is associated with 3% cases of Sturge Weber syndrome. During 6th week of intrauterine life, a vascular plexus develops around neural tube which develops into face in future. By 9th week of gestation, usually it disappears. In case, it persists, it develops into future Sturge Weber syndrome. It can be classified as complete and incomplete depending on presence of facial and leptomeningeal angioma. Roache has further classified it as type I, type II, type III.²

Type I - Both facial and leptomeningeal angioma present, may have glaucoma.

Type II - Facial angioma only, no CNS involvement; may have glaucoma.

Type III - Only leptomeningeal angioma (CNS involvement); usually no glaucoma.

CASE REPORT

We present a case of 30 year old primigravida with 9 months amenorrhoea as known case of epilepsy since childhood with gestational diabetes mellitus at 36 weeks gestation

She had no episode of seizures since her conception as she was on tab. eptoin 100 mg twice a day.

She was diagnosed GDM at around 10 weeks gestation and started on inj. insulin 6 units twice a day. Her sugar levels are well controlled. Patient was compliant and has maintained her records well.

Her past history revealed that she had several episodes of seizure. When she was 2 year old child, she had received symptomatic treatment but diagnosis wasn't conclusive

She didn't have any episode of seizure uptill 15 years of age when she started having several episodes of seizure (GTCS) frequently and reported to hospital casualty often.

Detail investigations were done as:

Examination: Right V1 territory portwine stain present

Bilateral end gaze nystagmus present. Fundus normal. Hemiplegic migraine present

CT brain (plain) reported curvilinear calcifications in Gyral pattern involving right occipital lobe.

MRI brain (plain) reported choroid plexus in the right ventricle is markedly enlarged probably shows calcification. Curvilinear altered signal in the right occipital region which represents calcification with adjacent gliotic changes.

MRI brain (contrast) right parietooccipital choroid plexus angioma.

EEG was normal.

Patient was started on lifelong antiepileptic drugs.

Patient gives history of last episode of seizure in November 2013.

Patient gives no history of learning disabilities, paralysis, glaucoma, or stroke.

No history of headache, fever, cough or cold.

No history of hypoglycemic symptom reported yet.

Last menstrual period was 06/06/2014 and expected date of delivery was 13/03/2015.

On examination, general condition was found stable. Right side of forehead over entire V1 area portwine stain present. Systemic examination was normal.

On per abdominal examination, uterus corresponding to 38 weeks, relaxed.

Fetal heart sound present 144/min.

On per vaginal examination, os closed, cervix soft posterior.

Fundoscopy: No abnormality detected.

Rest all routine antenatal investigations were within normal limits.

Patient underwent caesarean section under general anaesthesia at 38 weeks of gestation with no complications. Elective caesarean section was conducted in view of maternal request for precious pregnancy. The baby was a female baby of 3.6 kg and cried immediately after birth.

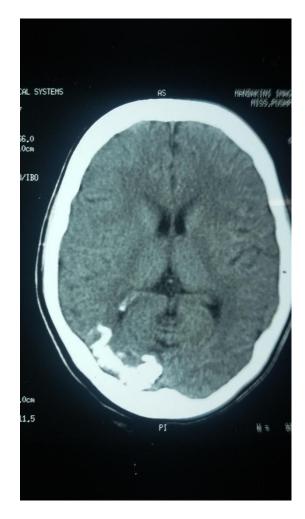


Figure 1: MRI brain showing haemangioma on parieto occipital cortex of right cerebral hemisphere.

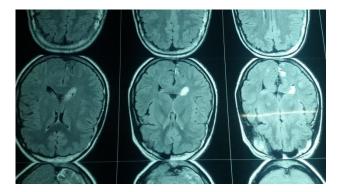


Figure 2: MRI Brain showing choroid plexus haemangioma of right lateral ventricle).



Figure 3: Port wine stain in region of right trigeminal nerve first division.

DISCUSSION

The case presented herewith belongs to type I Sturge Weber syndrome, as the patient had facial as well as leptomeningeal angioma. However, glaucoma was not present. Skin manifestation is portwine stains. Not all people with a port wine stains have Sturge Weber syndrome. The incidence of Sturge Weber syndrome with angioma in the area of 1st division of trigeminal nerve is almost 70%.^{3,4} In SWS the leptomeningeal angiomatosis is predominantly venous and deep arterial malformations are uncommon. Cerebral venous malformations are considered relatively benign during pregnancy and they infrequently bleed during labor or in postpartum period. Cerebral arteriovenous and arterial haemangiomas are more dangerous and may rupture with blood pressure fluctuations and valsalva efforts during labor.⁵

Neurological manifestations are variable ranging from simple seizures to status epilepticus, that occur due to irritation caused by haemangioma to cerebral cortex. They can start manifesting at any age from childhood to 20 years.

There is a documentation of a patient with Sturge Weber syndrome who has undergone a near total hemispherectomy with subsequent cerebral palsy going on to have two successful and uncomplicated pregnancies. It is likely that having excellent clinical stability and high functional status after definitive treatment for Sturge Weber syndrome as a child significantly lowered the pregnancy-associated risks for patient. There are specifications about anaesthesia given during caesarean section as well. That it should not increase the intracranial tension. Hence, usually a lumbar epidural block is administered.

CONCLUSION

Neuroimaging Maximum extent of disease may require a combination of structural and fuctional neuroimaging, since mismatch may exist among neuroimaging

modalities. Each modality may demonstrate abnormalities not detected by the other. This is especially important in the identification of the epileptogenic region when considering surgery for refractory seizures. Medical management consists of antiepileptic medications started under cover of folic acid and calcium, in order to prevent foetal congenital anomalies. Glaucoma medications can be started only after consulting ophthalmic surgeon. In newborns, who present with portwine stain in 1st division of trigeminal nerve should be subjected to detailed Ophthalmological examination in 1st month of life and detailed neurological examination subsequently.

In cases where neurological deficit occurs, surgical extirpative procedures like hemespherectomy, cortical resection have been described. However, their risk benefit ratio has to be calculated before embarking on such procedures. In adult life, owing to calcification of sulci and gyri, there is every possibility of severe learning disability, which can only be overcome by special education for such children.

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